



Hesters Way Neighbourhood Project

www: <http://www.hwnp.org>

"...run by local people for local people..."

Timetable - Activities and Courses - April to July 2015

Course	Day	Time	Start Date	Cost	Venue
Age UK Springbank Day Centre	Monday	08:15 - 17:00	Ongoing	Ring Heather Woodward 01452 616173	SBCRC
Craft Club (fortnightly)	Monday	10:00 - 12:00	Ongoing	£2.50 including materials	SBCRC
Crafty Sew and Sews (new members welcome)	Monday	13:30 - 15:30	Ongoing	£3.00	SBCRC
Job Club with CBH	Monday	11:00-13:00	Ongoing	Free	HWCRC
Art with Graham	Monday	13:00 - 15:00	Ongoing	£5.00 for materials per term	SBCRC
Samurai Martial Arts	Monday	17:15 - 20:30	Ongoing	Ring Brian Jarvis on 07971 584901	SBCRC
Low Impact Zumba	Monday	18:00 - 19:00	Ongoing	£4:50 concs £3:50	SBCRC
Alcoholics Anonymous meeting	Monday	19:00 - 20:30	Ongoing	Donation	HWCRC
Age UK Springbank Day Centre	Tuesday	08.15 - 17:00	Ongoing	Ring Heather Woodward 01452 616173	SBCRC
Tai Chi with Gillian	Tuesday	10:30 - 11:30	Ongoing	£5.00 (£3.50 concession)	SBCRC
Health Walking Group	Tuesday	10:30 - 11:00	Ongoing	Free	JT's Café
Indoor Bowls	Tuesday	13:00 - 15:30	Ongoing	Small charge	SBCRC
Church of Christ (Worship Service)	Tuesday	17:00 - 20:00	Ongoing		SBCRC
Bingo	Tuesday	18.00 - 20.00	Ongoing	£1.50 per book	SBCRC
Business Breakfast	Last Wednesday	08.00 - 09:00	Monthly	Charges apply for breakfast	JT's Cafe
Springbank Little Steps - Baby & Toddler group	Wednesday	10:00 - 12:00	Ongoing	£1	SBCRC
Age UK Magic Mouse	Wednesday	10:00-12:00	Ongoing	Small charge	SBCRC
Writers Group	Wednesday	10:30 - 11:30	Ongoing	Free	HWCRC
Active Fitness - Gentle Exercise	Wednesday	11:00 - 12:00	Ongoing	£3.00 per session	SBCRC
Job Club with CBH	Wednesday	11:00-13:00	Ongoing	Free	HWCRC
Computer Drop In Class	Wednesday	13:00 - 16:00	Ongoing	Free (donations welcome)	HWCRC
POPPS (Playtime for Older People Project)	Wednesday	14:00 - 16:00	Fortnightly	50p	SBCRC
Springbank Beavers	Wednesday	16:45-18:00	Re-launch September 2015	Volunteers needed	SBCRC
Springbank Cubs	Wednesday	18:15-19:45	Re-launch September 2015	Volunteers needed	SBCRC
Line Dancing	Wednesday	19:00 - 20:30	Ongoing	£3 per class	SBCRC
Infinite Tai Chi and Chi Kung	Wednesday	19:15 - 20:45	Ongoing	Suggested donation £3 to £12	HWCRC
Age UK Springbank Day Centre	Thursday	08.15 - 17:00	Ongoing	Ring Heather Woodward 01452 616173	SBCRC
Computer Drop In Class	Thursday	10:00 - 13:00	Ongoing	Free (donations welcome)	HWCRC
Miniaturists	First Thursday	09:30 - 11:30	Monthly	Contact Marlene 01452 505388 to join them	SBCRC
Community Coffee morning	Thursday	10:00 - 12:00	Ongoing	Free	SBCRC
Health Walking Group	Thursday	10:30 - 11:00	Ongoing	Free	SBCRC
Samurai Martial Arts	Thursday	17:30 - 20:30	Ongoing	Ring Brian Jarvis on 07971 584901	SBCRC
Springbank Junior Youth Club (8-11 Yrs)	Thursday	17:00 - 18:15	Ongoing	Small charge may apply	SBCRC
Springbank Intermediates Youth Club (12-19 Yrs)	Thursday	18:30 - 20:30	Ongoing	Small charge may apply	SBCRC
Essence encounter: Growing in peace	Thursday	19:30 - 21:30	30th April 2015	Voluntary donation between £3-£6	HWCRC
Essence encounter: Growing in patience	Thursday	19:30 - 21:30	25th June 2015	Voluntary donation between £3-£6	HWCRC
Smart Art	Friday	10:00 - 13:00	Ongoing	Contact Graham 01242 243525	SBCRC
Low Impact Zumba	Friday	13:30—14:30	Ongoing	£4:50, concs £3:50	SBCRC
Garden Group	Friday	14:00 - 16:00	Ongoing	Free	SBCRC
POPPS (Playtime for Older People Project)	Friday	14:00 - 16:00	Fortnightly	50p	HWCRC
Cheltenham West Carers	Friday	16:00 - 18:00	Every 3rd Friday	Free	HWCRC
Fun Dance Classes 8 Yrs +	Friday	17:30 - 18:30	Term time only	£2 per class Contact Anna Lundford 07971 485537	SBCRC
Infinite Tai Chi and Chi Kung	Last Friday	19:30 - 21:30	Monthly	Suggested donation £3 to £12	HWCRC
Alcoholics Anonymous meeting	Saturday	19:00 - 20:30	Ongoing	Donations	HWCRC
Litter Picking	Last Saturday	10:30 to 12:00	Monthly	Free	SBCRC
Majorettes	Sunday	17:30 - 19:30	Ongoing	Contact Hayley 07813911245	SBCRC
"Peace in Springbank Candle Lighting Service"	Last Sunday	10:30 - 12:30	Monthly	Contact Kevin Devaney 01242 539088	SBCRC

Do you have an idea for a new group? If so, contact any of the numbers below to discuss or email: izij@hwnp.org.uk or helenhope@hwnp.org.uk

HWCRC	Hesters Way Community Resource Centre	Cassin Drive, Cheltenham, GL51 7SU
JT's Cafe	Hesters Way - JT's Cafe	Cassin Drive, Cheltenham, GL51 7SU
SBCRC	Springbank Community Resource Centre	Springbank Way, Cheltenham GL51 0LG

For more information please call:
Hesters Way Community Resource Centre
(01242) 521319
Springbank Community Resource Centre
(01242) 539088