



# Hesters Way Neighbourhood Project and Friends

[www.hwnp.org](http://www.hwnp.org)

"...run by local people for local people..."

## Activities Timetable - Spring 2019

Activity	Day	Time	Start Date	Cost	Venue
<b>COME AND JOIN IN THE FUN &amp; CELEBRATE 23 YEARS OF HESTERS WAY NEIGHBOURHOOD PROJECT SERVING THE LOCAL COMMUNITY - give an activity a go!</b>					
Craft Club - NEW MEMBERS ALWAYS WELCOMED	Monday	10:00 - 12:00	Fortnightly	£3.50 including materials	SBCRC
"AM Group" Family Drop In	Monday	10.00 - 13.00	On-going	<b>Donation</b>	RLR
Job Club with CBH	Monday	11:00-13:00	Ongoing	<b>FREE</b>	HWCRC
Art with Graham	Monday	10:00 - 12:00	Ongoing	£5.00 for materials per term	SBCRC
Samurai Martial Arts	Monday	17:30 - 20:30	Ongoing	Ring Brian Jarvis on 07971 584901	SBCRC
Infinite Tai Chi and Chi Kung with Gillian	Tuesday	10:30 - 11:30	Ongoing	£5.00 (£3.50 concession) Ring Gillian on 01242 248663	SBCRC
Health Walking Group	Tuesday	10:30 - 11:00	Ongoing	<b>FREE</b>	JT's Café
<b>NEW</b> - Help & Advice with P3	Tuesday	11:00-13:00	Ongoing	<b>FREE</b>	SBCRC
<b>NEW</b> - Active Fitness for all ages	Tuesday	12.00 - 13.00	Starts in April	£4 per session - ring Abi 07738082246	SBCRC
<b>NEW</b> - Community Drop In	Tuesday	13.00 - 16.00	Ongoing	<b>FREE</b> – charges apply for teas and coffees	RLR
Indoor Bowls	Tuesday	13:30 - 15:30	Ongoing	Small charge	SBCRC
Church of Christ (Worship Service)	Tuesday	16:45 - 20:45	Ongoing	Visitors welcome	SBCRC
Active Fitness - Gentle Exercise	Wednesday	10:00 - 11:00	Ongoing	£4.00 per session	SBCRC
<b>NEW</b> - Knit and Natter with CBH	Wednesday	10.00 - 12.00	Ongoing - starts 27th March	<b>£1 towards materials</b> ring Abi 01242 387592	RLR
AL-ANON	Wednesday	10.30 - 12.00	Ongoing	Donation	HWCRC
Job Club with CBH	Wednesday	11:00-13:00	Ongoing	Free	HWCRC
IT & Computer Drop-In Class	Wednesday	13:30 - 16:00	Ongoing	<b>FREE</b> - donations welcome	HWCRC
POPPS (Playtime for Older People Project)	Wednesday	14:00 - 16:00	Ongoing fortnightly	50p	SBCRC
Inspirations Majorettes	Wednesday	16.30 - 17.30	Ongoing	Contact Hayley on 0781 391 1245	SBCRC
Line Dancing	Wednesday	19:00 - 20:30	Ongoing	£5 per class	SBCRC
<b>NEW</b> - Forwards Employment Outreach Service	Thursday	10.00 - 12.00	Ongoing	<b>FREE</b> - ring Kingsley Salmon 07741 097344	HWCRC
IT & Computer Drop In Class	Thursday	10:30 - 13:00	Ongoing	<b>FREE</b> - donations welcome	HWCRC
Miniaturists	First Thursday	09:00 - 12:00	Monthly	Contact Marlene 01452 505388 to join them	SBCRC
Benefit and Money Advice with CBH	Thursday	09.30 - 13.00	Ongoing	<b>FREE</b> - 01242 387618	HWCRC
Health Walking Group	Thursday	10:00 - 12:00	Ongoing	<b>FREE</b>	SBCRC
Help and Advice with P3	Thursday	14.00 - 16.00	Ongoing	<b>FREE</b>	HWCRC
<b>NEW</b> - Writers Club	Thursday	14:00-15:00	Ongoing	<b>FREE</b> - ring John Morrish 07788 515 1387	SBCRC
Samurai Martial Arts	Thursday	17:30 - 20:30	Ongoing	Ring Brian Jarvis on 07971 584901	SBCRC
English Speaking Club	Thursday	18:00 - 19:30	Ongoing	<b>FREE</b> - ring 01242 774783	HWCRC
<b>NEW</b> - Kingship Carers	Friday	09:30-11:30	Every 1st Friday	<b>FREE</b> - ring Tessa Jordan 0797 259 3315	HWCRC
<b>NEW</b> - Craft Club	Friday	10.00 - 14.00	Ongoing	Small charge	SBCRC
Alcoholics Anonymous meeting	Friday	12:00 - 13:00	Ongoing	<b>Donations</b> (also Mon, Sat and Sun fellowship)	HWCRC
Garden Group	Friday	14:00 - 16:00	Ongoing	<b>FREE</b> - volunteers welcome	SBCRC
POPPS (Playtime for Older People Project)	Friday	14:00 - 16:00	Ongoing fortnightly	£1	HWCRC
Cheltenham West Carers	Friday	16:00 - 18:00	Every 3rd Friday	<b>FREE</b>	HWCRC
<b>NEW</b> - Ballet Class	Friday	16:30-17:30	During term time	£3 - ring Ruth Mulligan 07712 088956	SBCRC
<b>NEW</b> - Heartfulness Meditation and Relaxation	Friday	18:30 - 19:30	Ongoing	<b>FREE</b> - starts 29th March	HWCRC
Church of Christ (Worship Service)	Saturday	15:45 - 19:45	Ongoing	Visitors Welcome	SBCRC
Springfield Park Litter Pick	First Saturday	10:30 - 12:00	Monthly	Equipment & refreshments provided	SBCRC
<b>Easter Fair 2019</b>	<b>Friday 19th April</b>	<b>11.00 - 14.00</b>	<b>Community Event</b>	<b>Contact Helen Hope 01242 539088</b>	<b>SBCRC</b>
<b>JT's CAFE, fresh food made to order, FREE W-Fi</b>	<b>Mon to Fri</b>	<b>08:00 - 16:00</b>	<b>Sit in, Take Away, Events &amp; Conferencing</b>	<b>Contact Jim Betteridge 01242 521319</b>	<b>HWCRC</b>
<b>NEW 2 x Lobby Computers &amp; Cosy Corner FREE Wi-Fi</b>	<b>Mon to Fri</b>	<b>08:30 to 17:30</b>	<b>Ongoing from jan 2019</b>	<b>FREE</b>	<b>HWCRC SBCRC</b>
<b>Hesters Way Neighbourhood Charity Shop - next to Co-Op and Post Office</b>	<b>Mon to Fri</b>	<b>09:00 to 15:00</b>	<b>Ongoing (New Volunteers Welcomed)</b>	<b>Good quality, bargains galore Donations welcome</b>	<b>01242 252325</b>

GOT AN IDEA FOR A NEW ACTIVITY? WANT TO MEET PEOPLE, SHARE SKILLS & INTERESTS? COME AND GET INVOLVED IN YOUR LOCAL COMMUNITY? GIVE US A CALL....

<b>HWCRC</b>	Hesters Way Community Resource Centre	Cassin Drive, Cheltenham, GL51 7SU	01242 521319
<b>JT's Cafe</b>	Hesters Way Community Resource Centre	Cassin Drive, Cheltenham, GL51 7SU	01242 521319
<b>SBCRC</b>	Springbank Community Resource Centre	Springbank Way, Cheltenham GL51 0LG	01242 539088
<b>RLR</b>	Rowanfield Living Room	Devon Avenue, Cheltenham, GL51 8AU	01242 263420

**...GIVE US A CALL**  
**Hesters Way Neighbourhood Project**  
*"...passionate about people and building community..."*  
**on 01242 539088 or 01242 521319**  
**or just pop into one of our Centres for a chat**