



# Hesters Way Neighbourhood Project

[www.hwnp.org](http://www.hwnp.org)

"...run by local people for local people..."

## Activities Timetable - Autumn 2018

Activity	Day	Time	Start Date	Cost	Venue
<b>COME AND JOIN IN THE FUN &amp; CELEBRATE 21 YEARS OF HESTERS WAY NEIGHBOURHOOD PROJECT SERVING THE LOCAL COMMUNITY - give an activity a go!</b>					
<b>FREE</b> - Debt Advice Service with GL Communities	Monday	9.30 - 15.00	Ongoing— by appointment	Ring Garry Mills 01452 505544	HWCRC
Craft Club - NEW MEMBERS ALWAYS WELCOMED	Monday	10:00 - 12:00	Fortnightly	£3.50 including materials	SBCRC
Parent & Toddler "AM Group"	Monday	10.00 - 13.00	On-going	Donation	RLR
Job Club with CBH	Monday	11:00-13:00	Ongoing	Free	HWCRC
Art with Graham	Monday	10:00 - 12:00	Ongoing	£5.00 for materials per term	SBCRC
<b>NEW</b> - Melody Mamas - child friendly adult choir	Monday	13:00 - 14:00	Ongoing term time	£5 drop-in £3 session £1 concession	SBCRC
Samurai Martial Arts	Monday	17:30 - 20:30	Ongoing	Ring Brian Jarvis on 07971 584901	SBCRC
Alcoholics Anonymous meeting (women only)	Monday	19:00 - 20:30	Ongoing	Donation	HWCRC
Infinite Tai Chi and Chi Kung with Gillian	Tuesday	10:30 - 11:30	Ongoing	£5.00 (£3.50 concession) Ring Gillian on 01242 248663	SBCRC
Health Walking Group	Tuesday	10:30 - 11:00	Ongoing	Free	JT's Café
Indoor Bowls	Tuesday	13:30 - 15:30	Ongoing	Small charge	SBCRC
Church of Christ (Worship Service)	Tuesday	16:45 - 20:45	Ongoing	Visitors welcome	SBCRC
Business Breakfast	Last Wednesday	08.00 - 09:00	Monthly	FREE - charges apply for breakfast	JT's Cafe
Active Fitness - Gentle Exercise	Wednesday	10:00 - 11:00	Ongoing	£3.00 per session	SBCRC
Coffee Morning & Springbank Little Steps	Wednesday	11:00 - 13:00	Ongoing	£1	SBCRC
REVIVAL ROOM	Wednesday	10:00 - 16:00	Ongoing	FREE	RLR
AL-ANON	Wednesday	10.30 - 12.00	Ongoing	Donation	HWCRC
Writers Group - NEW MEMBERS WELCOMED	Wednesday	11:30 - 12:30	Ongoing	Dorothy Curtis 01242 582985 <a href="mailto:dorothycurtis89@gmail.com">dorothycurtis89@gmail.com</a>	HWCRC
Job Club with CBH	Wednesday	11:00-13:00	Ongoing	Free	HWCRC
FREE - IT & Computer Drop-In Class	Wednesday	13:30 - 16:00	Ongoing	Free (donations welcome)	HWCRC
POPPS (Playtime for Older People Project)	Wednesday	14:00 - 16:00	Ongoing	50p	SBCRC
Majorettes	Wednesday	16.30 - 17.30	Ongoing	Contact Hayley on 0781 391 1245	SBCRC
Line Dancing	Wednesday	19:00 - 20:30	Ongoing	£5 per class	SBCRC
FREE - Social Action Hub	Thursday	10:00 - 16:00	Ongoing	DROP IN	RLR
FREE - IT & Computer Drop In Class	Thursday	10:30 - 13:00	Ongoing	Free (donations welcome)	HWCRC
Miniaturists	First Thursday	09:00 - 12:00	Monthly	Contact Marlene 01452 505388 to join them	SBCRC
FREE - Benefit and Money Advice with CBH	Thursday	09.30 - 13.00	Ongoing	01242 264195	HWCRC
Health Walking Group	Thursday	10:00 - 12:00	Ongoing	Free	SBCRC
FREE - Help and Advice with P3	Thursday	13.30 - 15.30	Ongoing	Free	HWCRC
Samurai Martial Arts	Thursday	17:30 - 20:30	Ongoing	Ring Brian Jarvis on 07971 584901	SBCRC
FREE - English Speaking Club	Thursday	18:00 - 19:30	Ongoing	Karen Lowden 01242 774783	HWCRC
AVAILABLE FOR HIRE / ACTIVITIES / MEETINGS	Friday	10:00 - 16:00	Ongoing	Contact Helen 01242 521319	RLR
Alcoholics Anonymous meeting	Friday	12:00 - 13:00	Ongoing	Donations	HWCRC
FREE - Garden Group	Friday	14:00 - 16:00	Ongoing	New helpers welcomed	SBCRC
POPPS (Playtime for Older People Project)	Friday	14:00 - 16:00	Fortnightly	£1	HWCRC
Cheltenham West Carers	Friday	16:00 - 18:00	Every 3rd Friday	Free	HWCRC
<b>NEW</b> - Heartfulness Meditation and Relaxation	Friday	18:30 - 19:30	Ongoing	Free	HWCRC
Springbank Community Bingo	Last Friday	19.00 - 21.00	Ongoing	Charges Apply	SBCRC
Alcoholics Anonymous meeting	Saturday	19:00 - 20:00	Ongoing	Donations	HWCRC
Church of Christ (Worship Service)	Saturday	15:45 - 19:45	Ongoing	Visitors Welcome	SBCRC
Springfield Park Litter Pick	First Saturday	10:30 - 12:00	Monthly	equipment & refreshments provided	SBCRC
<b>Winter Wonderland 2018</b>	<b>Saturday 1st Dec</b>	<b>11.00 - 14.00</b>	<b>Community Event</b>	<b>Contact Helen Hope 01242 539088</b>	<b>SBCRC</b>
<b>JT's CAFE, fresh food made to order, FREE W-Fi</b>	<b>Mon to Fri</b>	<b>08:00 - 16:00</b>	<b>Sit in, Take Away, Events &amp; Conferencing</b>	<b>Contact Jim Betteridge 01242 521319</b>	<b>HWCRC</b>
<b>NEW 2 x Lobby Computers &amp; Cosy Corner FREE Wi-Fi</b>	<b>Mon to Fri</b>	<b>08:30 to 17:30</b>	<b>Ongoing from jan 2019</b>	<b>FREE</b>	<b>HWCRC SBCRC</b>
<b>Hesters Way Neighbourhood Charity Shop - next to Co-Op and Post Office</b>	<b>Mon to Fri</b>	<b>09:00 to 15:00</b>	<b>Ongoing (New Volunteers Welcomed)</b>	<b>Good quality, bargains galore Donations welcome</b>	<b>01242 252325</b>
<b>GOT AN IDEA FOR A NEW ACTIVITY? WANT TO MEET PEOPLE, SHARE SKILLS &amp; INTERESTS? GET INVOLVED IN YOUR LOCAL COMMUNITY? GIVE US A CALL....</b>					

<b>HWCRC</b>	Hesters Way Community Resource Centre	Cassin Drive, Cheltenham, GL51 7SU	01242 521319
<b>JT's Cafe</b>	Hesters Way - JT's Cafe	Cassin Drive, Cheltenham, GL51 7SU	01242 521319
<b>SBCRC</b>	Springbank Community Resource Centre	Springbank Way, Cheltenham GL51 0LG	01242 539088
<b>RLR</b>	Rowanfield Living Room	Devon Avenue, Cheltenham, GL51 8AU	01242 263420

**...GIVE US A CALL**  
**Hesters Way Neighbourhood Project**  
*"...passionate about people and building community..."*  
**on 01242 539088 or 01242 521319**  
**or just pop into one of our Centres for a chat**